**Avon Outdoor Activities Club - Walking Route Card**

**Leader: Mobile: Assistant: Mobile:**

**Date: Time start: Time Finish:**

**Start point: OS Sheet: Weather:**

**Overdue Contact: Phone: Overdue time: Dark at:**

**Total Distance (km): Total Height Gain (m): Total Time (hrs):**

**No in Party: Speed travel (km/hr): Ascent rate (m/hr):**

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| **From** | **To** | **Travel**  **km** | **Ascent m** | **Time (minutes)** | | | | | **Description, Direction, Terrain** |
| **Travel** | **Up** | **Down** | **Break** | **Total** |
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**Escape route/s:-**