**General Activity Generic Risk Assessment**

| **Activity** | **Risk Subject Area** | **Risk Description** | **Who is at Risk** | **Risk Level** | **Suggested Mitigation** | **Resi-dual Risk Level** | **Notes** |
| --- | --- | --- | --- | --- | --- | --- | --- |
| All | Weather | Inappropriate clothing for climatic conditions. | Participants | Moderate | Leader to brief on correct clothing to be worn/carried.  Leader to check at outset that participants have appropriate clothing. | Low |  |
| All | Weather | Extreme sudden changes. | Participants | Low | Leader to check weather forecast from multiple sources 24hrs prior to planned activity and review plan accordingly.  Observe weather throughout activity. | Low |  |
| All | Weather | Hyperthermia, Hypothermia and Sunburn | Participants | Moderate | Briefing to consider and advise carrying of sun screen/water/additional clothing etc. | Low |  |
| All | Daylight | Loss of daylight whilst undertaking activity | Participants | Low | Leader to ensure that planning takes account of daylight hours where appropriate.  Group safety and repair kit to be carried where appropriate to minimise inactive time periods. | Low |  |
| All | Personal Health | Pre-existing medical conditions. | Participants | Moderate | Pre-activity brief to request that participants inform the leader of any relevant pre-existing medical conditions.  Leader to consider the impact of condition on individual and group during activity. | Low |  |
| All | Personal Injury | Slips, trips, bumps, falls, burns, scalds, abrasions and cuts. | Participants | Moderate | First-aider to be included within the group.  Leader to carry group first aid kit.  Appropriate personal protection equipment to be worn (helmet, gloves, goggles etc).  Use strategies to provide safety:   * Buddies * Supervision of Novices. * Etc. | Low | Group first aid kits available from the Club. |
| All | Personal Injury | Flora and fauna. | Participants | Moderate | Brief to include flora and fauna risks known in the activity area, e.g. Lyme Disease, Giant Hog Weed, Leptospirosis, Cattle etc. | Low | Further information available on Club website. |
| All | Personal Injury | Road traffic | Participants | Moderate | Cross roads safely and under group control.  Minimal walking along non-paved roads.  When walking along non-paved roads, walk towards oncoming traffic except on blind bends.  Use front and rear lights and hi-visibility vests when walking on roads in low light conditions. | Low | Hi-visibility vests and torches available from the Club (Walk Leader’s Safety Pack) |
| All | Group Size | Separation from group. | Participants | Low | Maintain group size to within NGB recommended ratios.  Use strategies for group control:   * Second/Assistant Leader. * Back marker. * Numbering. * 2-Way radio. * Etc. | Low | Where no NGB guidance exists the Activities Officer should consult with Activity Coordinators and provide guidance. |
| All | Navigation | Navigation errors | Participants | Moderate | Leader to be qualified/experienced navigator.  Second navigator to be appointed where possible.  Map/compass to be used where appropriate.  GPS carried as back up where appropriate.  Route card to be filed with Activities Officer in advance where relevant. | Low | Map/compass/GPS available from the Club. |
| All | Personal Equip-ment | Loss or Damage | Activity Leaders | Moderate | Club to make available Leader Packs which include all items necessary for safe leading of an event.  Club equipment may be borrowed free of charge by Approved Leaders when leading a Club activity. | Low | The Club will not be held responsible in any way for the loss or damage of personal equipment when used by an Activity Leader. The decision to use their own equipment and the risk in doing so rest solely with the Activity Leader. |
| Wild Swimm-ing | Currents | Tidal rips and undercurrents | Participants | Moderate | Only venues with clearly marked safe bathing areas or no rip tides/undercurrents to be used.  No tombstone-ing.  No swimming in disused quarries. | Low | Guidebook may be available from Club. |
| Wild Swimm-ing | Clothing | Cold water | Participants | Moderate | Swimmers to wear clothing appropriate to depth/temperature of water.  Wearing of wetsuits is the default. | Low |  |
| Camping | Fire | Cooking fires | Participants, other campsite users | Moderate | Observe camp site rules and procedures.  Cooking fires and stoves to be >1m away from flammable material (tents etc).  Correct operation of gas/liquid fuel stoves.  Fire extinguisher method to be to hand.  Only paper/wood/charcoal to be used on open fires.  Ground fires not to be made on peaty soil. | Low |  |
| Camping | Guy ropes | Trips and falls | Participants, other campsite users | Moderate | Suitable spacing between tents.  Guy ropes should be hi-visibility or made hi-visibility by use of tape or glow sticks. | Low |  |
| Surfing | Tides and Currents | Drowning | Participants | Moderate | Only venues with clearly marked safe bathing areas or no rip tides/undercurrents to be used.  Beach spotters to be used. | Low |  |
| Games | Venue | Inadvertent crossing of roads or running into water during games | Participants, members of the public | Moderate | Choice of venue.  Group control.  Use of ‘Spotters’. | Low |  |