

RA CAN5 - THIS RISK ASSESSMENT SHOULD BE READ IN CONJUNCTION WITH BOTH THE GENERIC AND ENVIRONMENT SPECIFIC RISK ASSESSMENTS

AVON OUTDOOR ACTIVITIES CLUB

Risk Assessment Activity: Canoeing and Kayaking (Training)

Risk	Who may be Affected	Mitigation
Group Control		
<ul style="list-style-type: none"> Additional precautions due to lack of participants appreciation and awareness of potential risks 	Participants	<ul style="list-style-type: none"> Leaders/Coaches clear of their roles and program/ lesson plan. Introductions of leaders / coaches and pupils. Session trip objectives and program explained. Safety briefing and weils disease. Medical conditions/disability of participants requested. Dry land briefing on how to exit canoe following capsize. Participants actions following a capsize within the group, rafting up. Structured session and heightened vigilance of leader /coach/assistants throughout session. Leader/Coach first on/last off water. Maximum unassisted leader / coach to pupil ratio is 1:8
Equipment		
<ul style="list-style-type: none"> Manual handling Drowning 		<ul style="list-style-type: none"> Leader/Coach to check equipment is of a correct size and has been correctly adjusted/fitted/secured for the participant. Canoe size and footrest adjusted for easy exit following capsize. Check that the participant has correctly fitted the spray deck, check that the release handle is visible. Manual handling and safe use of equipment briefing.
Activity		
Access to river <ul style="list-style-type: none"> Collision 	Participants	<ul style="list-style-type: none"> Consider assisting beginners by controlled lowering and setting decent angle for seal launch. Make sure lowering area is clear people and boats. Assist on bank side Inc. ropes, support craft.
Other craft <ul style="list-style-type: none"> Collision 	Participants	<ul style="list-style-type: none"> Group control and training / ability for awareness of "safe personal space" to avoid collisions. For beginners sessions wear helmets (if weather conditions allow) to reduce potential of injury from other canoeists paddles. Out of control beginners can cause collisions/strike each other, manage games.
Weather Conditions		
a) Weather conditions <ul style="list-style-type: none"> Hypothermia 	Participants	<ul style="list-style-type: none"> For beginners sessions ensure all are off the water before dark. Enhanced chance of hypothermia due to regular swims. Personal choice of clothing may not be as suitable/good as experience canoeists, higher risk of Hypothermia.